# Leigh Sullivan

August 2020

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# JOSH AGEE

### For Mayor



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#### **Effective Leader**

Josh has run a successful distributing business for over 20 years in Paragould. Under his tenure that business has seen tremendous growth. Josh has plans for Paragould to see that same growth through his leadership.



Josh is excited for the opportunity to become Paragould's next mayor. He has a proven history of a positive impact on our community through City Council and the many other organizations he has been a part of. He is mady and excited to make Paragould the best it can be!

"I can't wait for the opportunity to put my excitement, energy and experience to work for you, as your next mayor. Let's make Paragould better together!"



-JOSH AGEE



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# From The **PUBLISHER... DINA MASON**

oyalty is an interesting concept. It is kind of like a pool of water; the ripples move every time something breaks the surface. The ripple is different every time, depending on where the break is and how hard the surface is impacted.

I will just say, "WOW!" Every time I think Premiere has reached a pinnacle, I get surprised and we go to the next level. Paragould is where Premiere started and we are always proud to tell all the Paragould Good News and the People Making it Happen. The Paragould Premiere Awards issue always represents our largest edition and this year we are even more proud to present our winners among all the "crazy" going on. If you need to decide where to shop in Paragould you need to keep this edition around (and of course you can always find it in our archives at premieremagazine.com) to refer to for goods and services from the Premiere providers.

My staff and I are very thankful for the continued support of Premiere advertisers and readers. Coping with Covid is hard. But with loyalty like this we will keep publishing the "Good News and the People Making it Happen."



66



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August 2020 Premiere 7

### GET RICH WITH RICHARD BRUMMETT



A ugust has always been my favorite month because A) it contains my birthday; and B) it has always represented championship time for baseball and softball seasons.

Granted, this summer has certainly been different from those of the past, with some sports seasons canceled completely and others shortened. There have been some games here and there to whet the appetite of sports lovers but not the full menu to which we are accustomed.

Someone compared my current ballgame

dilemma to that of 2020's high school seniors, who learned week by week that one more time-honored tradition had fallen by the wayside.

I can't say with any honesty that much of the school cancellations would have bothered me back in the day. I never liked school, although I understood the necessity of it and the need to make the best grades I could. Please do not misinterpret: I didn't have a desire to drop out and join a gang or become a bank robber -- or even be a do-nothing drain on society. And it's not that I didn't like my classmates and some of my teachers. I just wasn't all that good at sitting still and listening, serving instead as my generation's poster boy for ADHD before it was even invented.

On Day 1 of first grade my mom had to reel me in by telling me there was a playground on campus. She knew I would be a lot more into "play" and "ground" than I would be into "desk" and "books," so she made it sound as if I might have some fun there. I didn't.

For all of my elementary school years the other kids seemed to think since Mom was a teacher that each night at homework time she



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just handed over a "Teacher's Answer Book" and let me copy the correct answers. If I made a 100 on a test I admit I might have been guilty of holding it at an angle where everyone else could see the big red "A" at the top of the page, but invariably I would soon hear someone say, "What do you expect? His mother's a teacher."

I don't think anyone took into consideration that Mom taught 4th grade, so her answer book -- if such a thing existed -- would not have helped me much in grades 1, 2, 3, 5 and 6. I did my best to make all A's in order to not be the teacher's kid who resided on the Dunce List. But to say I enjoyed it would not be true; I wanted to be outside running or in the gym dribbling in my shorts. Basketball-wise, anyway.

Once we hit junior high and high school my inspiration was to make good grades in order to stay eligible for sports. I wasn't trying to be class valedictorian and I was not super motivated to maintain a higher GPA in order to remain a member of the National Honor Society; I just wanted to be able to take my report card to the basketball coach and have him say "good job" instead of grimacing and setting up some sort of tutoring sessions.

So, again, if I'm going to be honest and as a member of the class of 1970 I had been told we weren't going to be able to attend classes anymore because of a pandemic, I would have high fived someone. I would have tried to finish all my classwork via computer in one day in order to have day-long recess in my back yard or at the park.

If school officials had said, "Well, we're going to have to cancel prom this year," I would have said, "Fine with me." I only went once -- when I was a senior, and then only because Mom and my sister pressured me into it. Not having to put on a suit and tie and embarrass myself by making my lack of dancing skills public, I would have been fine. Same for walking in graduation ... could have been taking batting practice.

But if they'd said, "And baseball season is called off," I would have shouted, "I'M SUING SOMEONE!" So, I relate better to kids who missed out on the end of basketball season and pretty much the entire baseball and softball seasons. I feel their pain.

As it turns out I'm sort of glad I learned to read and write, since that's been my job since November of 1974. However, deep down inside I'd really prefer to pull on my ball glove and take about 100 ground balls.



t's the job of a parent, not the school, to raise children into adults. Unfortunately, as you might have noticed, our society, by and large, is failing miserably at this task. Many Americans are locked in perpetual adolescence. Our kids simply don't know what an adult is or how to become one. Perhaps more problematic, the older generation has forgotten that what they hate about our culture has been shaped by the children they raised. Unless we wake up, we will repeat the same mistakes. That said, here are ten things you can do to help raise healthy adults.

1. Parent with the end in mind. Remember that one day your kids will leave the house. Think about what they need to know as an adult and prepare them before they leave.

2. Set the example. Lessons are caught more than taught. We learn through imitation. What you do is more important than what you say.



**BY JARED PICKNEY** 

3. Visit your child's planet. Draw a circle that represents a planet. Write your kids name inside of the circle. Now list everything inside of that planet your kid enjoys. Now make it a point to visit your kid's planet once a week by doing something they love.

4. Provide discipline and structure. You cannot live without boundaries and restrictions. The more your child learns this, the more freedom they'll have.

5. Let them feel the full weight of their choices. Too many parents are too quick to rescue their kids from themselves. If you keep rescuing your kids every time they mess up they'll keep messing up.

6. Roughhouse with your kids. This develops strength, character and social skills.

7. Don't do things for your kids they can do on their own. One of the most underrated attributes is grit. Help your children develop some grit by making them come up with solutions to some of their own problems.

8. Create experiences. Toys break. Experiences live on. Take them hiking, fishing, exploring, etc.

9. Look for teaching opportunities. One of your primary jobs as a parent is to teach your children how to navigate life. Don't assume they'll figure it out on their own. Kids are wonderful observers but terrible interpreters. Help them interpret the world.

10. Love your kids. Love is spelt T.I.M.E. Attend their games. Look them in the eye. Listen to them. Show up. Be present. Let them know you enjoy them.





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Sounds Like... the End of Summer!

#### **BY SARA BROWN**

1. The Boys of Summer – Don Henley

Technically summer doesn't actually end until September, but with school always starting back up in August, the fun we associate with summer is ending sooner than we'd like and this song touches on that, mixing in a little bit of a love story along the way. The singer looks back on his summer spent with his love and he knows he'll love her even when the magic of the season is gone.

#### 2. Summer's End - Foo Fighters

This track just rocks, and when you're finding yourself bummed about summer ending, sometimes a loud song that you can jam out to is just what you need. This is the perfect song to do that to, so turn it up loud and rock those blues away!

3. Beechwood Park – The Zombies

This song is all about reminiscing on a summer love and it has that perfect end-of-summer feel to it. There's a sweetness to it, but also a melancholy-ness, and that's a brilliant way to represent the end of summer. The fun had in the summer is fun to look back on, but it's sad to see it go.

#### 4. My Sundown - Jimmy Eat World

The end of summer can signify new beginnings, and that's what I think this song is about – new beginnings. After all, school is starting back up, and that means a new year and new experiences. There's a sadness in seeing the end of something, but it's so nice to see something new beginning. That's the energy I think this song gives off.

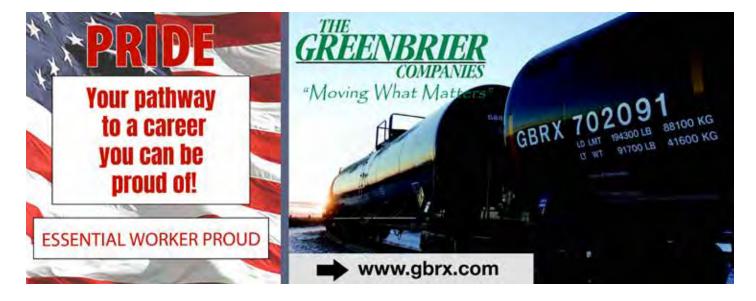
#### A playlist for August

5. Girl Don't Tell Me – The Beach Boys

Summer love ending in heartbreak is a popular theme among end-of-summer songs, and this song is another one of them. The singer finds himself saddened that the girl who won his affections over the summer didn't write him when they parted ways like she promised. For those who journey to the same destination every summer, it's possible you've met someone you've wanted to stay connected with and it just hasn't happened, so maybe you can relate to this one.

6. This Time of Year – Better Than Ezra

While this tune isn't explicitly about the end of summer, it has that same melancholy feel that is synonymous with that time of year (see what I did there?). You can't help but look back on everything you did and all the fun you had (or didn't have this year due to the pandemic!) and smile, but still feel a little bit sad because it's ending soon.





agnum is a rescue – adopted in March of 2019 from TAPS, The Arkansas Pet Savers. He was minutes from being euthanized when TAPS stepped in and brought him into the rescue.

It was a Sunday morning and my husband and I were sitting in church and Tommy came across Mag's picture on Instagram asking for interest in either foster or adoption. It must have been love at first sight because Tommy looked at me and said, "We need to save this guy." After church he and I both reached out and made arrangements to



meet Magnum the very next day. We decided the only way this would work is if Mags got along with our other bully mix, Buddy. Monday night we loaded up our kid and the dog in the car and went to meet Mags. He was a big beautiful boy that was excellent with Buddy, and was very calm.

Magnum battled pneumonia and severe heartworms for weeks surrounding his adoption. His heart was enlarged, which meant he was unable to use his full lung capacity, making the pneumonia worse. Magnum spent a week in the ICU at the vet. It was a long road to recovery. Treatment was hard and expensive but TAPS helped raise enough money to cover all of his bills for the treatment. Today, Magnum is heart worm free.

Magnum believes he is a lap dog – a 95-pound one. He will climb up and lay on top of me like he weighs 5 pounds. He is the most calm and docile baby I've ever had. He loves to sleep on the bed and must be touching his brother, Buddy, in some way; either he has his foot on him or they snuggle. He loves to lie in the sun. And he loves going to the vet; those are his people and he will walk in like he owns the joint.







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# DOGust

#### **BY DR. KRISTIN SULLIVAN**

The dog days of summer are far from over here in Arkansas, but this doesn't just have to mean the days are long and hot! August 1st is also known as DOGust 1st, and DOGust 1st is the universal birthday for dogs in shelters. Bearing that in mind, did you know humane societies, animal shelters, rescue agencies, and other animal facilities are in constant need of not only dog and cat food, but of people willing to foster or adopt these animals?

There are innumerable ways that both people and pets benefit from fostering. I want to discuss some of these ways, as well as common myths about fostering, in this DOGust issue.

Fostering animals, first and foremost, helps to save more lives. Fostering is temporary, but it does help to buy that animal some precious time until their FURever family can be found. By opening your home to an animal in need, you are taking that animal out of the shelter which opens more space for other rescued animals and puts them in a home and out of a kennel. This allows for more human interaction and a great deal more socialization. The socialization is not just true for the foster pets, but for your other pets as well.

Fostering pets can also help you to determine what kind of pet would work best for your family and lifestyle. Certain dog breeds have a lot of energy to burn, whereas many cats are much more laid back and fairly self reliant. By fostering animals, you can best determine, through experience, which pet will fit in best.

Pets help to teach children a number of values: responsibility, selflessness, and fostering is the best way to educate them in animals. Children are little sponges and are so very eager to learn; this is a great way to pull them from electronics and teach them responsibility and also increase their own activity.

One of the main reasons to foster, which is often not thought about, is that by fostering you actually drastically increase that pet's chances of true adoption. When you foster, you get to know that pet's personality better than anyone. As you get to know them and share this information with others, it best helps to track down exactly what kind of family or environment the pet would thrive in.

I don't want to overlook the common misconceptions about fostering. By only covering the positive points, and not addressing all of the myths, I would do a disservice. Probably the biggest myth is "there are plenty of people, they don't need me to help." Couldn't be further from the truth. They could always use more foster families; the families that already foster may have no more space. Also, if you look around at any of these animal facilities and see they are full of animals, then there are obviously not enough foster families.

Another common myth: "I'm not qualified to do that" or "I don't have any experience with animals." The only true qualification one needs is to care for the animal. As far as questions go with caring for them, well, there is a large community of people that would be happy to help you and/or answer any of your questions. This community includes the agency/facility where the animal came from, other rescue agencies in this area, veterinarians and veterinary staff, as well as a number of other animal groups and online resources.

The last myth I want to discuss is the "foster fail." While the word fail has a negative connotation, it is actually a positive thing. Foster failures occur when the family that is fostering also adopts because that pet fits into their family. While this does happen (enter my very own "Bowski"), most foster families recognize their valuable work and know the importance of being the foster family to help them transition from animal shelter, to a home setting, and finally to their FURever home.

I hope this article helped to debunk some of the misconceptions about fostering, and hopefully offered some outlook on the wonderful things we gain from fostering animals in need. If you are interested in fostering, or if you have more questions or simply want to help, please contact any of your local animal shelters or groups to find out how you can help! Happy DOGust!

# College Tips by a College Student



BY SARA BROWN

f you're like me, you're wondering how it's possible that classes are already so close to starting back up. You're probably also wondering how that's all going to work with the current Covid-19 pandemic. I wish I had the answers for you, but right now, I'm just as in the dark as you are; but follow these tips and with any luck, things will go smoothly for you and you won't feel nearly as stressed.

Tip one: Expect the unexpected. More than likely, the semester is not going to go as fall semester normally would. There will likely be some kind of mask and social distancing requirement, so we all need to be prepared for that and whatever else might be thrown at us.

Tip two: Be flexible. Chances are that as the semester progresses, so will the safety plans. What we're doing one week may not be what we're doing the next. We may have class on campus all semester or we may switch back to online, or even some combination of the two. There's no definitive plan in place right now because things are changing every day. Don't let this freak you out. Just be flexible and do your best to adapt to whatever the campus policies are as the semester progresses. That being said ...

Tip three: Pay attention! Things may change multiple times throughout the course of the semester, so you need to be looking out for those changes. That means checking your email, checking for campus alerts, and listening in class. You don't want to miss out on an important change in the plans.

Tip number four, and the most important: Follow the guidelines. I understand not everyone wants to be wearing masks, but if that's what's required by your school, then that's that. They're just trying to keep everyone safe, and not following their guidelines is just going to put your education on hold until this whole thing is over. I don't know about you, but I am more than ready to get this degree completed, and if wearing a mask and social distancing means I get to keep working to make that happen, then so be it.

And finally, tip five: Wash your hands. I don't know what it is about college students, but I can't help but notice during normal times that my fellow students don't like to wash their hands. That's gross enough when there isn't a pandemic (seriously, wash your hands after using the bathroom ALL of the time!), but right now especially, it's important that we do what we can to keep others safe.



## Jonesboro Strong in Song

n Thursday, June 25, at Gamble's Shop Local Park, The Link Theatre Company presented "Jonesboro Strong in Song" as a free outdoor concert to raise funds for the Northeast Food Bank. Musicians varied in age, background and style for a unique, beautiful evening meant to inspire the Jonesboro community after a difficult few months following the tornado and the pandemic. Attendance, for health and safety, was limited to 150 crowd members who spread out on the lawn while many more tuned in on Facebook Live.



See more photos from this event on Premiere's Facebook page.



Matt Cavenaugh and Jenny Powers





Anna-Marie Wright



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the Big Bang

OR Media Inc. was delighted to bring the Big Bang back to Paragould this year for the Fourth of July celebration at the Rotary Softball complex. The spectacular display of light in the sky brought out hundreds of people with plenty of room to spread out (or stay in/ near their cars) to watch the fireworks show made possible by the Paragould A&P Commission. Thank you to our sponsors for making this event possible and thank you to everyone who came



See more photos from this event on Premiere's Facebook page.





Jaymin Humphrey, Zaxton Graves, Mindy Humphrey and Rosetta Graves







The water seemed dark and somewhat intimidating as the sun's last efforts at light faded. The stars began to make their appearance and a light skiff of cool fog coated the Little Red River. Silence bore down on the river, but it was interrupted by the almost inaudible rhythmic sound of a fly line being whipped through the air. The large fly hit the water with a plop and then gurgled as the angler worked it skillfully across the surface of the water. Midway through the retrieve the gurgle abruptly ended with a forceful "whoosh" as the fly was attacked from underneath by a brown trout. The fight was on and Cody worked the fish within arm's reach, unhooked the fish, admired it for a second and returned it to fight another day.

Cody Griffin grew up in Paragould, spending much of his time just east of town on the family farm. The son of Allen and Tenna Griffin, Cody spent many days in the cotton and bean fields working with the crops.

During their spare time, they liked to get on the water and fish. According to Cody, one of his earliest fishing memories was crappie camp with his dad and grandpa, Meril Griffin, near Hughes. Cody's early fishing pole was a fly rod repurposed to fish for crappie. If they were not at crappie camp, they would often slip away from the farm long enough to fish a hole or two along the St. Francis River or set trotlines and target flathead catfish. Even though he thoroughly enjoyed his time on the warm waters of East Arkansas, a trip to White River near Norfork as a youngster got Cody's mind on trout. According to



Cody, "That trip made me constantly think about trout and the waters of the White, Spring and Little Red River."

Cody graduated from Greene County Tech in 2011 and then went to the University of Arkansas in Fayetteville. He graduated in 2015 with a degree in Crop Science. Soon after graduation he landed a job as a County Extension Agent in St. Francis County and lived in Wynne. The Little Red River was within an hour and a half drive and soon became his go to place for time on the water.

Cody was very involved in 4H as a youngster and one of his early projects was tying flies as a project at 4H camp. Oddly enough, after beginning his job as an Extension Agent, Cody happened to run across a fly tying kit designed for students and spent some time with it and the fire was rekindled. Cody began tying flies and putting them to use on the Little Red River. By 2018, his success on the water led to a demand from other anglers. He began to tie flies for others and offer part time guiding on the Little Red. Demand for flies and time on the water began to increase and Cody realized he had to make a career choice.

Earlier this year, Cody left his job as a County Extension Agent to pursue a fulltime career tying flies and guiding, and Fin and Feather Fly Fishing was born. Cody said, "It seemed to be a God-thing. I just felt led to do it as the requests for flies and time on the water had become so overwhelming. I had to make a choice and it all fell into place."

Cody now spends most days on the water with clients and, when not on the water, tying flies to meet the growing demand. He has sent flies as far away as Scotland and fishermen from as far away as California have come to spend time with Cody in pursuit of trout.

Cody does most his guiding on the Little Red River near Heber Springs and likes to target brown trout. For good reason he calls the Little Red his "favorite fishing hole" and likes to use the accesses at Lobo Landing, JFK Park or Swinging Bridge to





#### **CHUCK LONG**

Regional Education Coordinator Northeast Education Division Arkansas Game and Fish Commission

get on the water.

For an aspiring fisherman, Cody said his best advice is to find a mentor or good guide. YouTube videos, podcasts and other media can also provide insight into catching fish. He offered this advice, "Most fishermen like to do the same things over and over, whether they work or not. Be willing to change tactics based on conditions and time of year and you will catch more fish."

A good day on the water is a day when he is able to introduce someone new to the sport of fly fishing or help someone improve their skills: "I look forward to experiencing the excitement of an angler, young or old, as they master a new tactic or catch their personal best fish."

Cody has made trips to Montana, Utah, Colorado and Wyoming with fly rod in hand and hopes to get to Alaska one day. But even now the St. Francis River and other fishing holes in Northeast Arkansas are special to him. And, even though he has fished with lots of folks from all over the world, his dad and grandpa are still at the top of the list when it comes to fishing partners.

If you would like to keep up with Cody or view his fly creations, he is on Facebook with Fin & Feather Flies or on the net at finandfeatherflyfishing.com.

I hope everyone will take a little time and introduce your kids to the outdoors and what it has to offer; it can lead to great life experiences and a possible career. Get outside and I hope to see you out there!





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#### **BY RICHARD BRUMMETT**

hile there is still a lot of uncertainty as to just what sports will look like once the school year begins, one thing is certain: Four Greene County Tech basketball hopefuls are making the most of their summer gym time.

Competing in the Reebok Summer Sizzler in Cape Girardeau, Missouri, the weekend of June 13-14, Benji Goodman, Karson Reid, Ripken Tucker and Banx Boozer each earned A&W Long John Silvers Player Game honors for their efforts in the prestigious tournament. The Reebok Tournament Series has Facebook, Instagram, and Twitter pages

## Hoop Stars

and the boys' photos and game/personal information is featured there.

The cagers perform in the ENG team program, with Goodman suiting up for the 9th grade group, Tucker and Reid for the 7th grade and Boozer with the 5th grade squad. Three of the players (Goodman, Reid and Tucker) are trained and coached by Derrick Fain at Elite Arkansas Training. That trio is also coached by David Reynolds and Josh Dowler at GCT while Boozer's coach is Sammie Lewis. Each player will move up a grade once the school season begins.

Goodman, who scored 11 points when chosen Player of the Game, said working around everything surrounding the current pandemic has been a bit more difficult because "we can't scrimmage, we can't do much together in workouts" but individual drills are encouraged. His team went 2-1 in the tournament.

Reid, who put in 12 points during his

top game, called the restrictions and the possibility of a delayed or shortened season "depressing" and Tucker, who hit for 14 in his big outing, still had a positive spin on what to expect. He said, "We're going to have a season. We're going to get to play." Their team finished with a 3-1 mark in the event.

Boozer, the youngest of the quartet, remained silent but let his 11 points do the talking when he was Player of the Game. His team, playing up in the 6th grade division, finished in third place with a 2-2 record.

The boys practice daily with their Tech teams, once a week with their respective ENG clubs and train once weekly with ENG.

Regardless of what happens as far as mandated restrictions go when the school year starts, Reid summed up the players' thoughts when he said, "We're going to get buckets either way."



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# Adjusting

**BY KAROLE RISKER** 



Left to right: Nicholas, Johnna, and Azaria

where the equation is the second seco

Johnna Boggs and her husband, Nick, decided that no matter what the schools did in the fall, their children -- Azaria, an 11th grader, and Nicholas, a 10th grader -- would be homeschooled.

Johnna said homeschooling wasn't even a consideration until COVID-19 hit. A nurse practitioner, Johnna said seeing cases made her want to protect her children and the public and decided to take the precaution of taking her children out of the traditional classroom. She also said a lot of schools weren't equipped for doing school in a non-traditional way with modified plans and that home-schooling programs already offered their programs with home as the base. They will have certified teachers to do Google and Zoom, and Johnna just has to proctor them. "It's very do-able. I didn't realize how do-able it was," she said.

In fact, the Arkansas Home Schooling Association also has clubs, sports and after-school activities you would find in a traditional setting, and even offers dances, a prom, and a graduation. "It's also going to allow them to branch out and allow other studies" not offered in school. In addition, the family plans to do special field trips to enhance their learning; they plan to purchase a camper to take their studies on the road in trips that will include traveling to Mexico to see the Aztec ruins, Mount Rushmore, the Statue of Liberty, and others. "This has not dampened our plans at all. It's just given us family time along the way." Johnna plans to homeschool her children until they graduate, even if COVID-19 subsides: "We thought about it and prayed about it. We wanted the time with the kids, to slow down and do things they wouldn't otherwise have done. We will get more family time. I really enjoy this. I'm excited."

Her husband, a paramedic, will help out, as well as her sister, Hannah Rogers, a teacher, though she adds that anyone can do it, stressing she and her husband's willingness to see it through, despite both having jobs with 12- and 24-hour shifts. "If we can do this, so can other people. You adapt and overcome," she said.

Azaria said, "I'm more of a social person. I'm going to miss not being able to see my friends, but they will probably be online, anyway." Azaria looks forward to the traveling part of their educational experience and Johanna adds that now they can see things and explore them in the off-season, instead of trying to go when everyone else does due to being on a typical school schedule. Nicholas said his opinions are mixed, but "I feel like it's going to be good for the family."

All in all the family is excited about the possibility of home schooling, in what Johnna calls a viable opportunity. "We're all excited," she said.





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# Cheering for Dad

**BY RICHARD BRUMMETT** 

She's too young to understand what all the fuss is about right now, but a time will come when Brinley Hope Dickson understands her father was loved by many.

The two-year-old's dad, Clint, was an extremely popular player and coach on the Arkansas softball circuit. Jovial and almost always sporting a healthy grin and a hearty laugh, his life took a serious turn when he was diagnosed with cancer. That's when the softball community, a tight-knit group of men and women stretching to all four corners of the state and beyond, stepped up. Friends staged a benefit tournament in Clint's honor in 2015 to help his family with mounting expenses, and made "The Dickson" an annual event.

Clint lost the battle with cancer in July of 2017 at the age of 41 but the friends and softball junkies kept the tournament alive, continuing to raise money for Brinley and her mother, Amy Dickson-Freligh. "They set up the Team Dickson Benefit Account when they started it," Amy said of the initial kindness shown by Clint's teammates and other players. "Now they just keep holding the tournament and I kept the account, and it's just being set aside for Brinley's future.

"After Clint's diagnosis, they raised money for our finances ... a really nice thing to do. And now they keep it going, pretty much for her."

The Dickson, played for the sixth time overall this year, is a tournament unlike most; players pay individually in order to play, then enter a draft where the teams are assembled. Players might be teammates with others they've only known from across the field in other tournaments, but are paired together in this one.

"This one is different; it's a draft tournament," Amy, a Jonesboro mental health therapist, explained. "You're drafted as an individual and you're on a different team every year ... With or against people you've played against all your life. I like it. It's really laid back. The umpires are all volunteers so people don't give them as hard a time." An auction of donated items at some point during the day helps bring in more money for the good cause.

Amy was pregnant with Brinley when Clint died, making the little one's appearances at the last two tournaments even more special to those who knew and loved her dad. People want to hold her, hug her, just look at her because she is a miniature version of her father, red hair and all. "She kind of knows," Amy said of Brinley's tournament popularity. "I tell her we're going to a ballgame for her daddy. She didn't really understand all of it, but she was the center of attention. This year they divided half the bleachers and had them blocked off and the tent was outside the fence because of all the COVID stuff so it was a little harder to get to her, but people recognize her.

"I show her pictures of Clint," Amy said. "She knows that's Daddy; she knows that's Clint. We go out to the grave, to Daddy's grave. She knows which one is his and always gives him a kiss. I try to teach her as much as I can, and keep her involved with his family and his friends."

Tournament organizers this year promoted an LSU theme because that was Clint's favorite college program. Amy said she continues to be amazed by the kindness shown to her and all of Clint's family by the softball crowd. "Amazing really, amazing," she said. "Softball people are good people. They have really been good to us."



# Cyber Security

#### **BY BETHANY GALLIMORE**

Birthdays, pet names, and favorite colors: Each of these might seem harmless on its own, but once revealed online might make a person even an elementary student—easy prey for a cyber attacker. Courtney Speer, a Technology Coach for University Heights School of Medical Arts, wants to help create the foundations of cybersecurity for even the youngest members of the digital generation, and she's doing her part to help other educators do the same throughout the state.

This summer, she connected with computer science instructors from Cedar Ridge and Lake Hamilton high schools with a shared passion for helping students learn the ins and outs of online safety. Now, she's working with them to create a collaboration-based computer education resource for elementary to high school teachers throughout Arkansas.

Computer science isn't just about coding, Speer says, and cybersecurity is more than simply choosing a unique

password. "Creativity, problem-solving, collaboration—all of those things are taught in computer science," she said.

The team effort began during a technology and computer science workshop sponsored by the Arkansas School for Mathematics, Sciences, & the Arts (ASMSA) in Hot Springs. Speer and her colleagues quickly found a shared passion for promoting cybersecurity and helping Arkansas students become savvy online citizens.



"We're in completely different areas of the state, but we meet twice a week via Zoom to break problems down and talk about how to integrate our goals into the classroom," Speer said. Speaking of the collaboration's Zoom format, Speer said it's actually helped bring a currency to their discussion: "It's been fun to try to break down these problems via technology like we may have to do in the fall."

Even before this spring's transition to all-online instruction in the wake of the coronavirus pandemic, cyberliteracy has been a priority for the Nettleton School District.

"Clearly computer science isn't just meant for that 'norm' that we see in high school," Speer said. Whether in school or at home, younger hands are piloting cell phones, tablets, and computers, which means younger minds are needing to be prepared for the responsibility and risks that come with internet access. "You're concerned for their safety and well being," Speer said of her elementaryand intermediate-level students. "Often, their parents weren't taught these skills. I want to teach foundational skills to this generation so that they can navigate a digital world without being overwhelmed and so that they can do this without losing their identity—in more ways than one," she said.

Speer wants to help students learn the foundations of online privacy and protecting personal information. "It's skills I wish I would have learned," Speer said. She strives to teach these digital literacy skills in hands-on ways, even when "hands" aren't necessarily required. Whether teaching students to write code for random number generators, making "phishing fish" out of construction paper, or creating cyphers from Pringles cans, Speer wants to help students relate to technology in age-appropriate and meaningful ways.

Speer's courses also focus on the historical side of cybersecurity and cryptography: Even elementary students can connect with the real-life examples of successful encryption (like the World War II Navajo Code Talkers), successful decryption (Alan Turing's breaking of the Enigma code) and unsuccessful encryption (the basic cypher code that brought the downfall of Mary Queen of Scots). "It's a beautiful mesh of developing understanding. It builds them up to be ready for that more intense subject material once they get up to that in later years," she said. "We're really good about modifying and adjusting as teachers, you can't live without those two pieces."

One of Speer's activities involves examining students' publicly-available social media pages and revealing to those students—privately, of course—personal information they may have unknowingly made available to the broader public. "It freaks a lot of them out!" she said. "Then, I teach them how to secure that information."

Speer's advice to online users: "Stop sharing your personal information that people can hack into your accounts with!" Particularly on social media, many users may be unwitting prey to data mining or targeted cyberattacks. Cyberliteracy and digital citizenship are key concepts Speer seeks to instill in her elementary students and others who may eventually benefit from widely-available cybersecurity courses she's working to design. "If we teach them at an early enough age, we can teach them to use it for good instead of for evil," she said.



### Coast Guardians in Greene County

#### BY LINDSEY MILLS and DAN TURNER

t's not an unusual thing to want to be a part of something bigger than oneself. Perhaps it's, in fact, part of being human.

A few summers ago in Cape May, New Jersey, I scanned the group of men and women marching in unison toward their basic training graduation ceremony looking for my older brother. I hadn't seen him since the day I'd dropped him off at the airport. As the group moved and chanted in unison on that sunny day a couple months after I'd left my hero in Memphis, their voices melting into one, I felt the lump that appears before tears. It was beautiful.

There is a special relationship between people who go through similar experiences; classmates, teammates, family members. When we work together toward a common goal, experience the same struggles and rejoice for the same victories, there is a bond forged in the fire of our shared pain and the similarity of our paths. We can often relate to someone we don't even "know" because we know



Lindsey and her brother, David, in Cape May, NJ

their hardships and their successes are similar to our own.

Perhaps it is this understanding that sparked Dan Turner's search for Greene County residents who have served in the United States Coast Guard. Dan currently serves as the USCG Auxiliary as the District Staff Officer of Aviation for the District 8, Western Rivers. Dan's research began with his efforts to assist the Greene County Museum, which showcases a room dedicated to the five branches of the U.S. Military.

Greene County has a long line of community members who have served our country in every war and conflict. The museum supports the annual Veterans Day of respect by displaying artifacts of uniforms and pictures during the ceremony hosted at Greene County Tech High School. After the pandemic subsides and the museum is open again, a new addition honoring our community members who served in the United States Coast Guard will be found in the museum: a seaman's uniform.

#### Happy 230th Birthday, USCG

The USCG was established initially by George Washington with an early act of congress via a bill submitted by Alexander Hamilton.

Congress authorized Secretary of the Treasury Alexander Hamilton's proposal to build ten cutters to protect the new nation's revenue. Alternately known as the system of cutters, Revenue Service, and Revenue-Marine, the bill was signed and the U.S. Revenue/USCG was founded on August 4, 1790.

The cutters were placed under the control of the Treasury Department and the date would mark the officially recognized birthday of the Coast Guard.



The Greene County Museum



#### Guardians of the Mississippi

Dan said a common question is, "What is the Coast Guard doing in the middle of the country?"

The Mississippi River System has a long history of the USCG service caring for the navigation and providing oversight for the marine transportation system, guarding against hazards to navigation and therefore protecting the commerce on the river system.

"Keep in mind that we have two coasts in the heart of our country; we call them the left and right river bank descending," Dan shared. "The Mississippi River System is one of the most critical transportation commercial systems in our country and feeding the world."

The Mississippi River carries 60% of U.S. grain shipments, 22% of oil and gas shipments, and 20% of coal.

The Mississippi River System is a huge provider for the U.S. economy. It accounts for 92% of the nation's agricultural exports and 78% of the world's feed grains and soy beans. It also houses some of the biggest ports in the U.S., like the Port of South Louisiana and The Port of New Orleans.

These two ports account for over 500 million tons of shipped goods per year, which is significantly larger than most ports in the United States. Some common things that are shipped include petroleum, iron, steel, grain, rubber, paper, wood, coffee, coal, chemicals, and edible oils. [1]

Our United States Coast Guard takes responsibility for everything from monitoring the marine safety and ecosystems to the licensing and security of the professionals working on the river, as well as the river communities for recreational boating.

#### Honored in Greene County

The Coast Guard Heritage Museum on Cape Cod, located in Barnstable, MA, gifted the uniform of a Chief Petty Officer, 3rd Class, circa 1949 -1976 with a Boiler Tech rating to the Greene County Museum for display. The rating was very connected to Dan's purpose in that the boiler explosion on the Sultana was an important motivation to the changing laws driving the services of the Steamboat Inspection Service. That service was one of many that became a part of the USCG and is important. Keeping the maritime community safe and the commerce moving on the Mississippi is critical to our farming community and our prosperity.



#### A Shared Bond

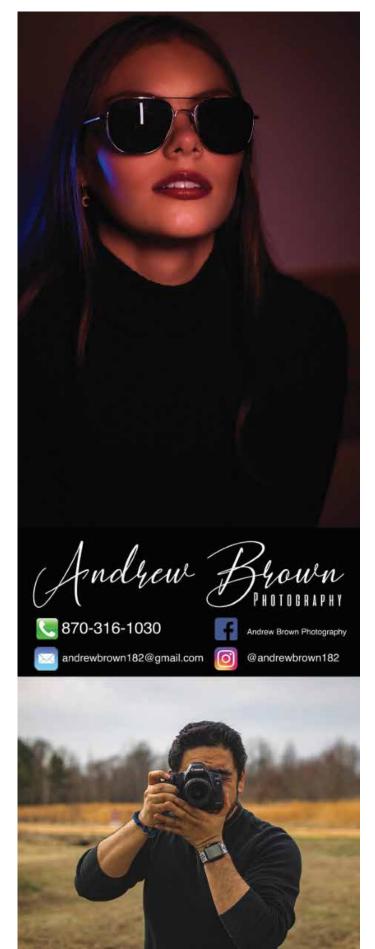
Perhaps you or someone you know served in the United States Coast Guard. Like many of similar backgrounds with shared experiences and struggles, you might appreciate connecting with fellow Coasties in Greene County.

"We are working with the Greene County Museum to add a list of all from Greene County who have served in the USCG," Dan shared. "If you or any family member served in the Coast Guard at any time, now or in our history, please send the name and family stories of their service to dan@militaryavi8tor.com. Or contact the Greene County Museum."

Premiere is also interested in the stories of community members who have served in the USCG to use in the final story of this three part series. Please email information to lindsey@mormediainc. com.

"If we only found one it would validate our efforts to capture USCG efforts in the Western Rivers and the service of Greene County, Arkansas," Dan said. Look for Part 2 of this series in the September issue of Premiere with Part 3 to be published in November.

[1] (United States. National Park Service. "Mississippi River Facts." U.S. Department of the Interior, 16 Mar. 2016. Web. 26 Oct. 2016.)



# Leigh Sullivan

Voted Paragould's Best Teacher by Premiere Readers



#### **BY LINDSEY MILLS**

History teacher Leigh Sullivan is going on her 39th year of teaching and each and every year brings plenty of change, but 2020 just might take the cake. Leigh, voted Paragould's Best Teacher by Premiere readers, is always ready to roll with the unexpected because at the end of the day what matters most is teaching.

"I love what I do. I love my subject. I love my students," Leigh said with the confidence of a veteran teacher rooted in her words. "That's what keeps me going. And we (teachers) really have to love them; that's the most important thing. I want them to know they can do anything. The best thing we can give them, more than just content knowledge, is confidence." Leigh has taught a variety of historybased classes over the years: U.S. Government, U.S. History, AP U.S. History, AP European History, AP Geography, AP World History – to name a few. Her education began at Hendrix College but she completed her degree at Arkansas State. In addition to the thousands of students who have come through her classroom, she has helped teach and mentor more than 30 student teachers from Williams Baptist and A-State throughout her career. One of her greatest joys is knowing students she taught are now teaching, too.

Leigh is currently teaching at Greene County Tech High School where she has been since 1985.

Over the years much has evolved in schools and in classrooms. Leigh shared about once creating master copies for worksheets and now files on the computer can be saved and updated in a matter of seconds. She recalled a time of opening the windows to allow for a breeze but worrying about the wasps. Today you will likely find iPads in her classroom and with the use of technology Leigh is able to bring the information of the world before her students.

"Technology of the world at your fingertips," Leigh said. "When we're talking about something, we can pull it up instantly. But it is simply an asset. When you don't have a backup plan and you rely on that technology and then something goes down, you have let your students down. You can't depend on technology."

Many things have changed over the years, but Leigh's love for her role has remained constant.

"History encompasses everything: art,

literature, politics, psychology..." Leigh explained. "Every aspect of our world is shown through history. It's the study of our society and how it's evolved. Our perception, our way of looking at everything."

Leigh said one reason she loves teaching history is because she's a self-proclaimed, proud drama queen.

"It's like a play you've got to present to students," she elaborated. Leigh likes to make sure her students understand the reality of history: real people with real flaws.

Technology did allow Leigh to communicate with her students when the circumstances surrounding the COVID-19 pandemic closed schools. Leigh sent information to her students to help them continue learning and prep for their tests, but the hands-on teacher who described herself as a grandmother to many students says she mourned the loss of time with them. Unable to say goodbye, to help them as she wished preparing for their AP exams, and to go through the annual events seniors normally experience was difficult for someone who, above all else, aims to love her students and make sure they know they are cared for.

"I felt like a ship adrift," Leigh shared. "My classroom is my second home."

Asked what she would like to tell all her students, past and present, she said: "Always remember that I love you. I believe in you. You can do anything you want to; you just have to be willing to work hard. You always have a friend you can call, text, reach out to. I'm always here. I believe in you. You have so much potential. I want you to make a difference in the world and I believe you can."



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Plans for the new clinic space include nearly 12,000 square feet. The new site will house pediatricians Dr. MaryJoanne Umeora, Dr. Camille Chan, Tomorrow Potter, APRN, and Priscilla Fortner, APRN. NEA Baptist recently signed Dr. Enid Burnett to lead the NEA Baptist Dermatology Clinic.





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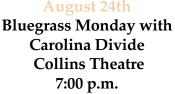
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September 28th Bluegrass Monday with Greg Blake & Real Country Collins Theatre 7:00 p.m.

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### Marmaduke Graduation

BY RICHARD BRUMMETT

armaduke's graduating class of 2020 had had enough bad news: no senior trip, no prom, no awards ceremonies, sports cancellations... so when the opportunity to bring something positive into the students' lives arose, administrators were more than happy to get on board.

Adhering to all guidelines set down by the state Department of Education and the Department of Health, Marmaduke High School staged an outdoor graduation ceremony for the Class of 2020 and things could not have run much more smoothly.

"We were very happy about it; everything went so well," said Superintendent Keith Richey, mentioning that following the established guidelines "had to happen in order for you to even have a graduation ceremony. Shane Robinson, the high school principal, put that together along with the class sponsors and they did an excellent job."



Because of the coronavirus outbreak most schools chose to forego typical graduation observances but Marmaduke found a way to make it happen. It was different, to say the least, but memorable for the seniors in a year of disappointment. Graduates exited the high school building single file, masks and all, and worked their way to their chairs on the grounds in front of the podium. As speakers came to and then left the microphone, Robinson stood guard with cleaning supplies to sanitize it and the podium in order for the next person on the program to take his or her place. School officials had marked off 50 squares on the grounds, one for each graduate. "We realized we weren't going to have enough chairs for everyone, so we said bring your lawn chairs and they showed up and took care of that," Richey said.

"We had 50 seniors and we painted 12x12 squares with the liner we use on the baseball field and put them seven feet apart. Each graduate had a square and we put a yard sign with each graduate's picture in his family's so they would





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Walcott Road, Paragould Keith White | 870.476.2588 know it was their square. They could put as many inside the square as they'd like and we also had an area at the back with a line drawn and told the ushers to seat anyone else who showed up back there, just to make sure we practiced social distancing and stayed six feet apart."

After valedictorian Reesa Hampton closed her address to classmates, teachers and family it was time for the presentation of diplomas. As students approached, one diploma at a time was sanitized and then placed at the end of a table in an acceptable distance from the rest. Each student picked up his or her diploma, moved in front of the supplied backdrop and handed a cell phone to Assistant Superintendent Bill Muse in order to have a photograph taken to record the moment. Since bunching the students together in a group was discouraged, this way each student had on its own phone a photographic memory of the day.

"We thought, 'This will be a one-time thing and we hope we don't have to experience this again,' but it went so well we might do it in the future," Richey said. "I hope we don't have to have the social distancing but can just tell everyone to bring a lawn chair and let's have an outdoor graduation. For our first time, I thought our administrators and teachers put it together very well.

"Everyone wanted to make it work and to have something positive for these seniors," Richey added. "The graduates and the parents who came to it are really the ones who made it work so well."







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## Teaching Today With Technology in the Classroom

**BY LINDSEY MILLS** 

Alking into a classroom in 2020 likely looks a lot different than it did for teachers and parents when they went through grade school. As technology advances and permeates pretty much every aspect of society to some degree, it has become important to integrate technology into the classroom to prepare students to operate in a techdense world.

For Laura McHenry, a young 8th grade English teacher at Brookland, teaching with technology in the classroom presents a few challenges as well as plenty of opportunities. Each student at Brookland has its own Chrome book on which they read, take tests, type essays, and more.

Some students choose to leave the device at school and check them out every day and some students take them home – they are responsible for any damage that might occur. If they get into trouble at school, they may lose privileges.

"There are a lot of distractions with technology," Laura admitted, "but there are also plenty of ways it enhances learning."

Teachers at Brookland use a program called GO Guardian, a Chrome bookbased program that allows teachers to monitor each student's screens all at one time.

"I monitor and walk around still," Laura said. "But I can't be fifty places at once, so having the screen is helpful. Things like that help technology be successful in the classroom. Technology can also be a good reward system. I know they love YouTube. Sometimes when they get done with an assignment, they get five minutes of YouTube, which kind of makes them focus on their task."

For Laura, a love of literature and for igniting that love in others is what led to her current career, and she recognizes the importance of balancing the use of technology due to its importance, and practicing more traditional skills.

"As an English teacher I'm trying to balance life between technology and teaching them to write with a pencil and paper," Laura shared. "I want them to get used to writing well and legible, but they type everything. Every test now is administered online. The ACT is done online, so if I'm going to get them prepared for that I have to have them typing in class. So, I just try to do half and half. The beginning of class is written, the last part is online. So that way I do both."



When it comes to coping with the acceleration of technology and how it is used in the classroom and therefore at home for schoolwork, too, Laura understands how overwhelming it can be. In this transition era where most upcoming teachers and parents use technology on the daily but likely didn't have computers in every classroom, Laura recommends taking it a step at a time. It's also important to recognize how students learn differently. It's important, as always, to make adjustments to teaching style based on students' needs. "I think dealing with it is kind of personal preference and opinion," Laura explained.

"I use technology like my phone daily, but I'm not deep into technology and I am personally a paper/pencil person. I learn better that way. I think it kind of depends on how each student learns. Some kids are going to learn better on a computer because that's what they're used to. Some students tell me 'Mrs. McHenry, I need you to print that out for me. I need to mark on it, I need to hold it.' I think it's important, really, to have a happy medium between both because they will have to function in a world without technology sometimes. Signing your name, conversations face to face - those are the things I think technology hinders. But also, in situations like this pandemic greatly helps because without it technology, we couldn't have class. So, advice for those like new teachers coming in, I think you just have to find what you're comfortable with."

In an effort to strike that balance in



the classroom, teachers today must learn to embrace technology while also recognizing what might be hindering learning. As for helping students who may know more than the parent does because they've grown up with it all around, Laura would remind parents that we're all learning in that regard.

"Even as teachers have gone through this transition, we've gotten overwhelmed. I think it's important to remember we're all going through it together. I think more people feel that way than not. Teachers are trying to figure out the best way to reach more kids and we can feel overwhelmed, too. We're all in the same boat," Laura encouraged, and emphasized talking to teachers as much as possible. "Reach out to the individual teachers. Because we all use Google classroom but teachers upload things differently. We have different expectations. Just talk to each individual teacher and see what they are looking for and do the best you can. Really, as long as kids' are making the effort and really trying, that's all we really want. Don't get overwhelmed. Reach out. Take it one step at a time. And just know if it needs to be more paper – we can do that – we can meet kids needs differently and still apply the technology in the classroom."

More than just Chrome books are in classrooms and schools today: Many teachers use projectors, online programs and games to help build skills in other ways, and even virtual reality.

"Our library has an Occulus Rift which is a virtual reality set that has programs such as one called Anne Frank House and it will literally take the kids through the different rooms," Laura shared. "I think that's the future of technology in the classroom. I think that is going to transfer experiences and that's where I'm excited to see technology go as far as education."



## Opportunities Abound

**BY DEBBIE HAAS** 

E ducation is important and can come in many forms. A four-year university is a great way to get a degree, but it is not the only way. The experience of a technical/community college or trade school can be a better fit for many students. They are more affordable, offer hands-on learning, have lower student-to-teacher ratios, and have job placement programs. We are fortunate to have several options available in Northeast Arkansas.

Arkansas State University-Newport (ASUN), a community/technical college, has grown considerably since it was founded as the White River Vocational Technical School in 1976. Now, ASUN has three campuses located in Newport, Jonesboro, and Marked Tree with enrollment of over 2,500 students. It offers a wide variety of programs and degrees from automotive repair to healthcare professions to cosmetology and welding.

"A community college offers students an option to study close to home in a field that interests them and allows them a faster avenue to a great-paying job," states Mallory Jordan, Marketing and Communication Specialist at ASUN. " A S U N offers extra opportunities, especially in our world today. Not all students thrive in a four-year university. Our

technical programs are designed to help students complete their education and go on to making a great living. They can do this in person or online at their own pace."

ASUN is very economical. There are no application fees, it has open enrollment, and does not require an ACT score. Because it is partnered with Arkansas State University, and others, it is easy to transfer to a four-year university.

Jamie Montgomery, a current nursing student praised ASUN: "I had two of the best instructors who actually love to teach and to nurse. I learned so much, and it was at a pace that helped me. If we didn't get something, they went back over it with us. I will be friends with them for the rest of my life, and I know that they will always be there for me."

Jamie was impressed by the programs offered through ASUN that allowed her to go to nursing school and still work. "The issue with nursing is that people think they can't go to nursing school and still work, but with WIOA and Career Pathways you can."

These programs help single parents and

individuals from low-income situations to go to school and work part time. They help with tuition, fees, textbooks, and even fuel to get to class.

Arkansas Rural Nursing Education Consortium (ARNEC) allows nurses with an LPN to continue working and go to school to become an RN.

"I graduated with my LPN from ASUN first and now I am working on getting into the ARNEC program to take my career further," Jessica Murphy stated. She said she learned the most in her clinicals. "The staff was great, and I passed my boards on my first attempt."

For more information about degrees and programs, check out their website: www. asun.edu

Black River Technical College (BRTC) was founded in 1971 as Black River Vocational Technical School. Since then, the enrollment of 38 students in 6 programs has grown to over 3,000 students in 27 certificate programs and 16 associate degree programs in both Pocahontas and Paragould.

Karen Liebhaber, Vice President of Institutional Advancement, explained why community is so important: "Part of our mission is to respond to our community. Most students that attend a four-year institution come from far away and return home after school. As a community college, we serve local people that study here and stay and work here, which in turn helps the community. We are invested in bettering the community and offering courses and programs that are needed within the community."

BRTC helps students with grants and scholarships, offering open enrollment, adult education classes, tutoring, and developmental classes to help every student reach its potential.

Continued on Page 39

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It has one of only two law enforcement training academies in the state and one of seven gunsmithing programs in the United States. Other programs include respiratory therapy, nursing, ESL, and fire training, to name a few.

The Assistant Chief Nursing Officer at Arkansas Methodist Medical Center, Teresa Fisher, stated, "When reviewing an application and I see that the higher education the candidate has attended is BRTC, I am confident that the candidate has received quality training and is well prepared to be a valued team member at AMMC. AMMC works closely with BRTC to provide clinical education to not only nursing students, but also CNA students, phlebotomy students, respiratory therapy students, emergency technician students, paramedic students and dietary students. BRTC offers students a variety of options in healthcare which provides AMMC with many healthcare professionals to care for our community."

BRTC also works closely with local industries, including Greenbrier, to provide specialized industrial training for their employees and future employees. Malissa Lewis, Greenbrier's Senior Human Resources Manager, explained, "BRTC offers classes needed in our industry as well as specialized training specific to our company." What's great about BRTC is that the students can put their training to use immediately upon employment or returning to work.

BRTC meets with the Greene County Industrial Training Center to stay current on the needs of local industry and manufacturing companies. It offers classes to fill specific needs for leadership, computer skills, and the technical side of manufacturing.

"Changing the world's perspective of manufacturing and industry is key to the future," stated Malissa.

The faculty is committed to making personal connections with students. They have a 15-to-1 student-teacher ratio, which enables them to personally get to know their students and their needs.

Maddie McLaughlin shared, "It is a small college that helped me with more one-onone time. Every professor I had helped me when I didn't understand something. Now I'm a full-time respiratory therapist and I love my job!"

Check out all the programs and benefits of

BRTC on its website: www.blackrivertech. org.

Arkansas Dental Assistant Academy (ADAA) offers students an opportunity to become a registered dental assistant in ten consecutive Saturday classes. It uses a hands-on approach facilitated by a highly trained staff of experienced dentists.

"Our program is very flexible for anyone working full-time," explains Shanda Murray, ADAA Director. "In fact, my daughter finished the program during her senior year of high school." To learn more contact ADAA at www.adaacademy.com. Arkansas College of Massage Therapy (ACOMT) was established in Jonesboro in 2009. Students are trained in general and orthopedic massage therapy through a six-month, 500-hour program. New programs begin each month.

"We have over 30 years combined teaching experience," explained Chris Lovelace, instructor/owner. "We train with ASU athletes and Jonesboro businesses as part of our program."

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#### Page 45

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Page 45 & 46

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#### NAIL TECHNICIAN

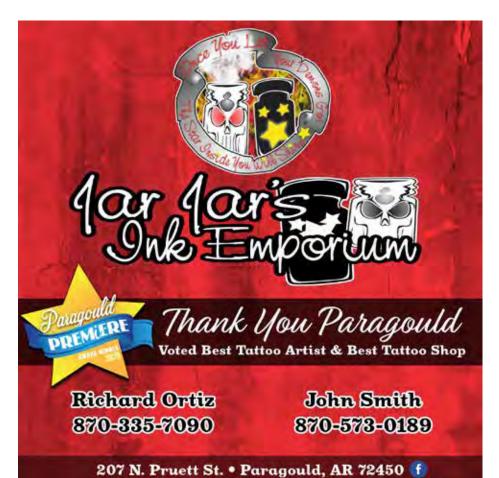
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MAKEUP ARTIST Courtney Barnes, Rouge

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#### **BOOTCAMP** Peak Fitness 216 S Pruett St.



Page 49 PERSONAL TRAINER Jordan Richardson, Peak Fitness (870)450-6267



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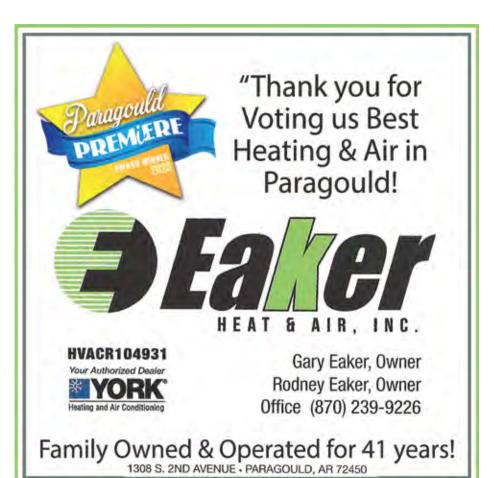


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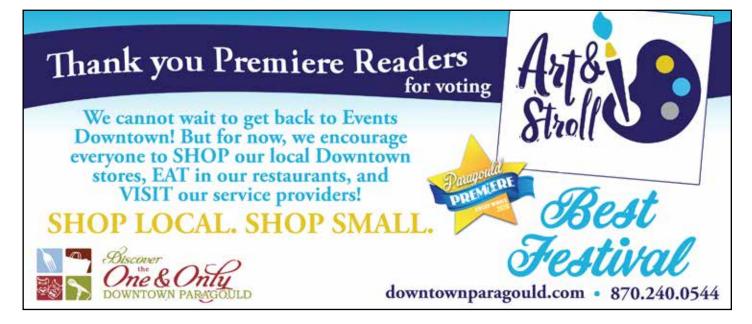
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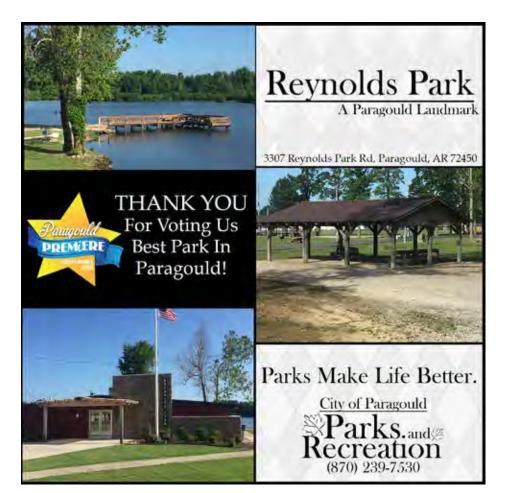


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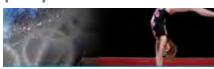
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Page 68 CHILDCARE CENTER A Touch of Mom DANCE STUDIO Tabatha's Dance Company

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DANCE INSTRUCTOR Tabatha Horner

#### SCHOOL ADMINISTRATOR

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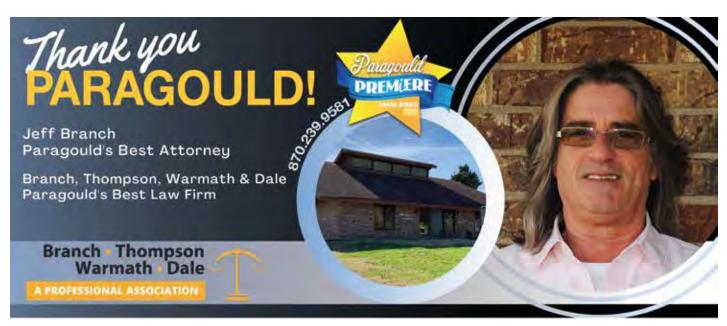
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#### **OPTOMETRIST** Dr. Casey Wells -Wells Vision Care

(870)236-7713



Page 84 PHARMACY City Drug 1512 Linwood Dr.



Page 82 & 88 OPHTHALMOLOGIST Alyssa Wenger (Vision Care)



# Thank You, Paragould!

"I have dedicated my life to helping the hearing impaired. I know that better hearing can be absolutely life changing because I have seen it firsthand in the many people I've been able to help over the years. Reconnecting people to their world is the absolute best part of my job and I am honored to receive this award. Thank you so very much!"

Berly bailey



913 West Court Street 870-239-3072 NaturalHearingCenters.com PHYSICIAN/GENERAL Dr. Leslye McGrath, NEA Baptist Paragould Clinic

PHYSICAL THERAPIST Chris Enger NEA Baptist Paragould Clinic

ULTRASOUND CLINIC

Peek-A-Boo 3D/4D Ultrasound & Baby Boutique

peekabooar.com



Page 81

# PLASTIC/COSMETIC SERVICE

#### Dr. Joel Epperson

paragouldplasticsurgery.org



Page 16

MEDICAL CLINIC NEA Baptist (870)936-7652



Page 11

#### **COUNSELING SERVICES** Families Inc.

familiesinc.net

FAMILIES, INC. counseling services LIFE IS MEANT TO BE ENJOYED! Toll-free: 877.595.8869 | familiesinc.net

Page 82 MENTAL HEALTH PROFESSIONAL

Jamie Gibson, LPC Meaningful Journeys

870-495-2911



Page 94





**Ultrasound Clinic!** 

#### 66

I have worked with Ajax title for several years. They are very efficient, friendly and a pleasure to work with. They make you feel like you are part of the family. I have never had a delay or issue with any of their work. The staff is very focused on doing the best for the customer. To sum it up they are WONDERFUL!



**•PHIL ALLEN, PCA & JAA PROPERTIES, LLC** 



**DNA Gender** 

Testing at 8 weeks

Heartbeat Keepsakes



#### Paragould's Best Mental Health Counseling Services

#### Thank you to our staff, clients and community!

"For close to 20 years the staff at our Paragould Clinic have done an outstanding job investing in the lives of children, adolescents, and adults in the home, school, and outpatient office. We are proud of this honor for them as we consider them *Premiere* in our *Family* too!"

-Families, Inc. Administration.





Toll-free: 877.595.8869 familiesinc.net

DDFM/ER

Pharmacists: Joy Miller, Mallory Williams, Nikki Houston | Two Drive-Thru's

Serving Paragoald Since 1904



DRUC

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# CITY DRUG

"A friendly, independent pharmacy proudly serving NEA since 1904"

1512 Linwood Drive, Paragould | 870.236.8501

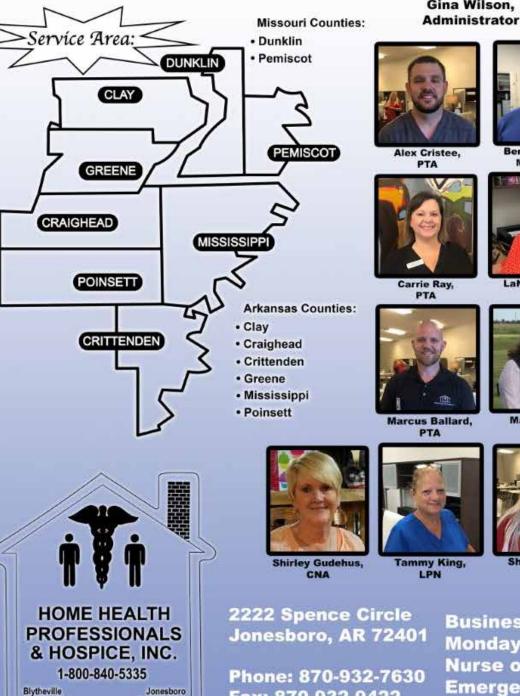
On behalf of all of us here at HOME HEALTH Professionals &

Hospice, Inc. we would like to thank all the people of Northeast, AR & Southeast, MO that voted for our agency. It's a pleasure serving all the doctors and their patients when we are called to do so. We are a family-run business and NOT a stockheld

company. We have supported the community for 36 years and continue to do so. So please have your clinic ask for us HOME HEALTH Professionals & Hospice, Inc.

Gina Wilson.





Fax: 870-932-9422

870-762-1825

870-932-7630

**Business Hours:** Monday-Friday 8:30AM-5PM Nurse on call after 5PM for **Emergency Services.** 



Lisa Hall. In-Take Blytheville



Pat Fowler, Biller



Tracy Guadalupe, PT



annon la

PREMIERE









LaNan Parker, RN





Shelly Webb,

RN

CNA

PEDIATRICIAN Dr. Kristina Wenger -Paragould Pediatrics, PLLC 4000 Linwood Dr. Suite H



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SPEECH THERAPIST Jessica Ko -Hands On Learning 146 Linwood Dr.



#### Page 81

NURSE Callie Harmon (NEA Baptist Paragould Clinic)

(870)936-7652



Page 11

OCCUPATIONAL THERAPIST Jennie Bevill (CME Paragould)

CARDIOLOGIST Dr. Ammar Al-Hallak (Cardiology Associates of Northeast Arkansas)

(870)239-0779



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 August 2020

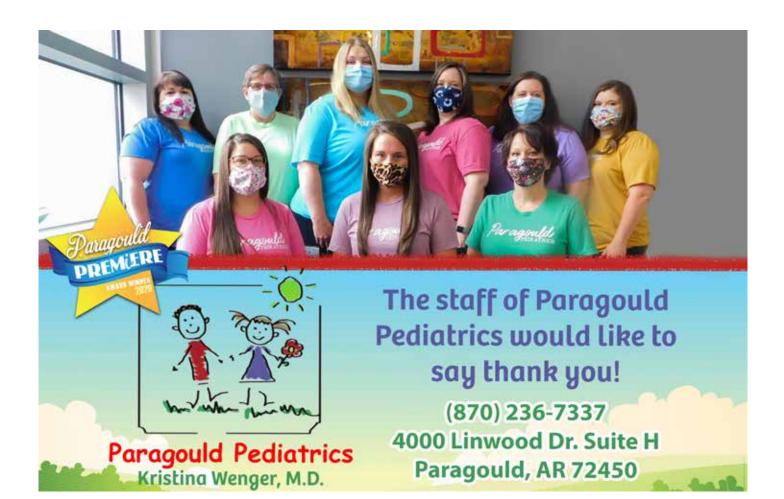




# THANK YOU FOR VOTING US BEST EYE CARE!









August 2020 Premiere 85

Concill

invisation

# Pet WINNERS:

#### PET GROOMING SERVICE

Glam Grooms (870)240-0177



Page 90 & 94

PET SUPPLIES PetSmart

#### **VETERINARY CLINIC**

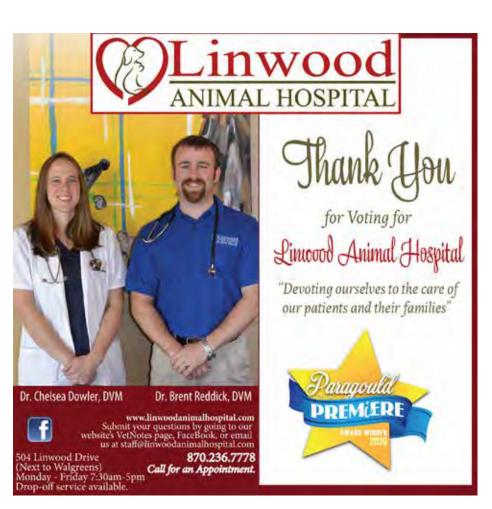
Linwood Animal Hospital (870)236-7778



BOARDING Unleashed Doggy Daycare & Boarding (870)476-4367



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# WINNER: Ist Choice Home Health

Best Home Health Agency



It helps having someone you can get along with and trust being in your home. We trust Karrie and have since we met her. Karrie helps get our groceries, helps with showers and getting dressed, she prepares and serves meals as well as cleaning the house. She's never failed to do what we've asked her to do. I was only getting two hours of care, two days a week before but the nurse at 1st Choice, Molly, helped get more hours of care and now I have five days a week, 3-4 hours a day. We consider 1st Choice like our family. They take really good care of us. Karrie the CNA is very observant and doesn't hesitate to call the on staff nurse if there is any concern or need for extra care. Molly has made sure we have hand sanitizer, masks and disinfectant wipes since the Covid pandemic started.

**-RON COLLIER, CLIENT** 







Voted Best School District, School Administrator and Teacher

Choosing Greene County Tech was not a decision that our family took lightly. It was a two-fold process for us. We obviously want our kids to have a great education but it was also equally important for us to feel that our kids were being well-cared for with teachers and staff that we trusted.

#### -SARAH RUNYAN

66





Paragould PREMIERE

WINNER: City Drug Voted Best Pharmacy

I have been a customer at City Drug ever since they opened their store on Linwood Drive. City Drug is the best pharmacy I have ever used. All the pharmacists and all the other workers are so nice to deal with. They know me by name and not a number. They take good care of me and my family with the different medications by letting us know the side effects and reduced prices if there are any that have a discount on them. They have a drive-through that is very convenient or they will deliver prescriptions to your home if you need them to. City Drug is my favorite pharmacy of all time. Happy customer!

**-TAMMY FARMER, CUSTOMER** 

**99** 





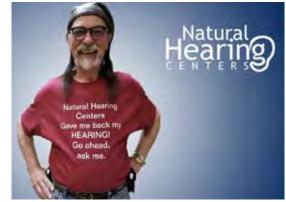
66

# WINNER: Natural Hearing Centers

Voted Best Audiologist

[The staff is] warm, friendly, courteous, and professional. They are a pleasure to deal with and have been extremely helpful ... Bottom line, at an age where life seems to be taking things away from me, my hearing has been returned to me thanks to Natural!





# Restaurant WINNERS:

BAKERY/SWEET TREATS

Something Sweet 221 S Pruett St.



Page 40 & 75 BREAKFAST Batten's Donuts & Bakery BUFFET STYLE Simpkins Family Buffet BURGER Hamburger Station

#### BBQ

Ironhorse Barbecue 2801 US 49



Page 89 CATFISH Ironhorse Barbecue 2801 US 49



Page 89

CHICKEN Popeye's Louisiana Kitchen COFFEE Shadrachs 1600 W Kingshighway

Page 90 & 95 ETHNIC Avanzare Italian Restaurant ASIAN

Kimono Japanese Steak House







SANDWICH Hyde Park Cafe (870) 236-8700



Page 91 SOUP CHOW at 118 SALAD Kiss the Cook 5301 Linwood Dr



Page 74 PIZZA Marco's Pizza 1733 W Kingshighway



Page 91 FAST FOOD Fazoli's MEXICAN Avocado's Grill 200 N 23rd St.



Page 95 SEAFOOD Delta Crawfish



Hyde Park Hours: Monday - Friday: 10:30 a.m. - 8 p.m. 113 W Main St, Paragould, AR 72450 Calls & Catering: (870) 236-8700

# Shopping WINNERS:

#### MEN'S CLOTHING

Belk

TUXEDO Daughters Boutique 107 N Pruett St.



#### Page 94

#### JEWELRY STORE Gracefully Southern 203 N Pruett St.



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#### WOMEN'S CLOTHING 22 Lou 2405 Linwood Dr.



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#### UNIFORM CLOTHING NEA Uniforms SPORTING GOODS SDM Pawn

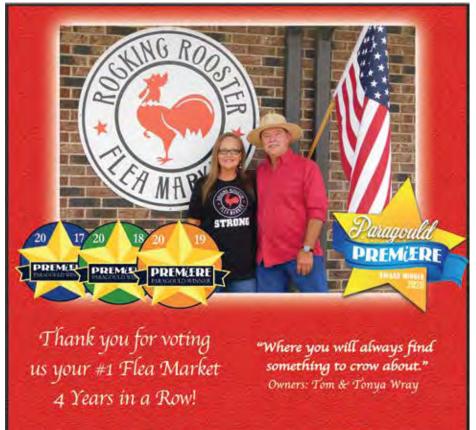
# HILL TOP SPIRITS

1906 Hwy. 49 North, Paragould, AR | 870-236-6150

#### Every Tuesday is Wine Day... Shop our ENTIRE collection 10% off!

#### Thank you, Premiere Readers!!!





505 S. 2nd Ave. Paragould, AR 72450 | 870.240.8801 🛛 🌠 Tue.-Sat 10-6

#### SHOE STORE Belk

PAWN SHOP SDM Pawn

WEDDING DRESS Daughters Boutique

107 N Pruett St.



Page 94 HARDWARE/TOOL STORE Gazaway Ace THRIFT SHOP Abilities Unlimited

#### FORMAL WEAR Daughters Boutique

107 N Pruett St.



Page 94 CHILDREN'S CLOTHING

Born to Blaze

LIQUOR STORE Hill Top Spirits 1906 US 49



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#### FLEA MARKET/ANTIQUE Rocking Rooster Flea Market

505 S 2nd Ave.



Page 92 GROCERY STORE Hays (Plaza)

HEALTH FOOD/NUTRITION Healthy Hub

1704 Linwood Dr.



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# WINNER: Glam Grooms



Autumn has been a part of our dog's life since we first got him as a puppy in 2012. She was new to grooming then and we were new to having a puppy in our life. Coach, our toy poodle, is a little shy but she always puts him at ease when she takes him in her arms -- sometimes even showering Autumn with kisses. It is a comfort as a pet owner to have a groomer he feels secure with. We have always been able to depend on Autumn to keep Coach looking great.

-MARK AND LANA TEDDER, CLIENT









My wife and I drink Shadrachs Coffee around five to six times a week, sometimes multiple times a day ... do we have a problem? Absolutely! When I need a pick-me-up, Shadrachs is there to Kahlua kick (drink of choice – four shots of espresso, ALWAYS) my butt back into gear. The service keeps us coming back for more and let's talk about incentives: Who doesn't like free coffee?! The staff is great and makes me feel like my cup of coffee is the only cup of coffee that matters to them. I know they're sprinkling some love in each cup. Thanks Shadrachs, y'all are the real MVPs!

#### -COLBY MARSHALL, CUSTOMER







870.215.7752 • 2405 Linwood Dr. Paragould, AR





# Personable Caregivers We accept ALL PASSE

"Thank you to our office staff, caregivers, & clients for helping make 1st Choice the Best Choice!" Alycia Stroud RN, CEO

#### Personal Care

Our personal care services provide Senior and disabled individuals with caring assistance for daily activities that range from dressing to meal preparation.

#### Attendant Care

Our attendant services take a compassionate approach to assisting clients with a range of day-to-day living needs. Whatever your level of care requires, we're here for you.

## **AR** Choices

We're proud to work with ARChoices- a public Medicaid program that offers home care services for Senior citizens over 65 and disabled adults who require assistance.

#### Targeted Case Management

Targeted case management (AKA TCM) refers to a Medicaid program that provides care and assistance for Medicaid beneficiaries who reside within certain geographical areas.

#### Home Care For Veterans

For our veterans, we are here to provide a level and in home care based on your unique needs. We work with elderly and disabled clients in need of assistance with day-to-day activities.

### **Respite** Care

Caring for a loved one is one of the most compassionate acts - but occasionally you need a break. That's why we offer respite care to temporarily relieve you and assume those duties.

AWARD WINNING CARE Best Home Health Agency

1stchoicehomecare.net • 870.222.0088

# Happenings



The 9U Rawlings Tigers Team of Jonesboro took the title of State Champs in the USSSA 9AA Tournament on Sunday, July 12, 2020.



Paragould native Airman Olivia Lawrence bid farewell to the officers and crew after completing a successful two-year tour aboard the USS Constitution in July. Duty aboard the USS Constitution is one of the Navy's special programs, and all prospective crew members must meet a high standard of sustained excellence and interview to be selected for the assignment.



Habitat for Humanity of Greater Jonesboro and Simmons Bank completed work on the Scott Family home in time for Independence Day.



Congratulations to Sheila Hinson for winning the Paragould Board of Realtors Realtor of the Year Award for 2020.



# 2020 Kids' Events



#### Every Weekday

#### Storytime

When: Every Weekday at 10:00 a.m. Where: Craighead County Jonesboro Public Library's Facebook Page Info: libraryinjonesboro.org

#### Every Tuesday

#### Virtual Story Hour When: Every Tuesday at 10:00 a.m. Where: Greene County Public Library's Facebook and Instagram pages Info: (870) 236-8711

#### Every Friday

#### **Plaza Fridays**

When: Every Friday Where: Centennial Plaza Info: The Foundation of Art's Facebook Page

Tatum Freligh hasn't let any of the worries of the world remove the smile from her face. Tatum, 5, is the daughter of Justin Freligh of Paragould.

# StayTuned

#### Agriculture



Fair history, what to expect, and more.

#### Farmers Market



A look at seasonal offerings, recipe inspiration, and vendor resources.

#### **NEA Seniors**



Our quarterly NEA Senior edition brings you the good news in our senior community and resources for seniors and their families.

> On The Cover: Leigh Sullivan Photo By: Amy Reeves Photography



# 1720 Stone Street, Jonesboro, AR 72401 870-333-5035 4606 Stadium Blvd, Jonesboro, AR 72401 870-932-4091

# **BEST AUTO BODY SHOP**

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# WE'RE ROOTING FOR YOU

We believe in you. In what you're doing. In who you want to be. Because we know there is an endless amount of things you can do when you're supported by the people around you.

Member FDIC

# Take comfort in expert care.

Everyday health issues don't get put on hold for a pandemic – and we don't slow down. We are ready to treat all of your medical needs and protect you from COVID-19 in the process. Schedule an appointment today.



Arkansas Methodist Medical Center

(870) 239-7000 | myammc.org | 🔂 🙆 🕑